



Healthy Opportunities for Parents to Experience Success - Healthy Families Iowa (HOPES-HFI) is a researched-based home visiting program for families that begins during pregnancy or at the birth of a child and can continue for up to 4 years of the child's age. Siouxland District Health Department has been providing this program in Woodbury County since 1997. Our program is nationally accredited by Healthy Families America.

The program follows the national [Healthy Families America](#) model of home visiting. A tool is used to identify level of risk and screens for the family conditions and characteristics that impact child growth, development, and health. Examples include family coping skills, parenting skills, and family functioning. Families participate

voluntarily

in the program and receive home visiting and referrals from specially trained staff. Program staff work with each family to develop a family plan to address the needs identified in the assessment.

Healthy Families Iowa (HFI) Program Goals:

1. Promote optimal child health and development.
2. Improve family coping skills and functioning.
3. Promote positive parenting and family interaction.
4. Prevent child abuse and neglect, as well as infant mortality and morbidity.



□□□ **Eligibility**

- Lives in Woodbury County
- Pregnant; or
- Infant is less than three months of age

Fees

There is no cost to participating families; funding is provided through grants.

For more information please view our HOPES Brochure in [English](#) or [Spanish](#) or contact the HOPES staff at 712-279-6119.