

The Siouxland District Health's Family and Community Health Division offers a variety of services to the residents of Woodbury County. Below is a list of services:

### Immunizations

- Immunizations for children birth through 18 years of age
- Immunization provided through the Vaccine for Children Program

### Health Maintenance Program

- Nursing Services
- Medication Management
- Administration of injections
- Assists clients in managing chronic/stable conditions
- Teaching and Nursing Interventions
- Coordination with physician, pharmacy, community agency and/or caregiver

### Personal Care/Homemaker Program

- Bathing / Personal care
- Assistance with laundry
- Light housekeeping: dusting, vacuuming, moping
- Light meal preparation
- Groceries / Errands \*No transport available\*
- Case management with community resources
- Provides services to individuals that allows them to remain in their home and live independently

### Maternal Health

- Help finding a doctor & dentist
- Prenatal health education
- Help finding insurance
- Nutritional counseling
- Referrals to community resources
- Home visit after baby is born

### Healthy Opportunities for Parents to Experience Success

Eligible if pregnant or have an infant under age 3 at time of enrollment.

- Home visits by a Family Support Worker
- Information, education, and support
- No charge to participants

### Care for Yourself

Eligible women ages 40-64 may receive:

- Mammogram, clinical breast exam, pap smear, lipid/glucose testing, heart disease screening
- Limited diagnostic follow-up

### Nursing Clinic Services

- TB testing and education
- Children's immunizations under Vaccine for Children Program
- Adult immunizations
- Immigration immunizations
- Travel immunizations
- Communicable Disease Information
- Health Information

□ □

### I-Smile

### Hawk-i

Child Adolescent Health

WIC