

Tobacco Free Siouxland

[Tobacco Free Siouxland](#) is a coalition organized by community agencies and partners to provide tobacco education, prevention and cessation resources to residents of Siouxland.

Smoke Free Housing

There are a variety of smoke free housing options in Woodbury County. View a list of all [smoke free housing properties](#) or for more information on becoming a smoke free apartment, visit the Iowa Department of Public Health Department's Smoke Free Homes [found here](#).

Tobacco Free Worksites

Worksites are encouraged to evaluate their tobacco policies. Many worksites are enacting policies that restrict tobacco use on the grounds, in parking lots and even during the employees shift. [View sample policies](#) and see what is best for your worksite or email Becky Carlson at jrcarlson@siouxlanddistricthealth.org, Health Educator at Siouxland District Health Department or call 712-279-6119 for more information.

Quitline Iowa

Need help with quitting your tobacco addiction? Quitline Iowa is just a phone call away. Trained counselors assist you with helping to quit your addiction. Quitline is free and available 7 days a week.

Call 1-800 QUIT NOW for more information or visit [Quitline Iowa online](#).

Woodbury County Tobacco Cessation Services

A variety of agencies in the Siouxland area provide tobacco cessation services. [Click here](#) to learn more.

State of Iowa Smoke Free Air Act

For information or to register a complaint: 1-888-944-2247 or smokefreeair.iowa.gov

[Sign Requirements](#)

The Woodbury County Tobacco Prevention and Control grant has Smoke Free Air Act signs available to businesses for free. Contact Becky Carlson at 712-279-6119 for more information.

Helpful Links

IDPH Division of Tobacco Use Prevention and Control: <http://www.idph.state.ia.us/TUPAC/>

State of Iowa Smoke Free Air Act: <https://smokefreeair.iowa.gov/>

Quitline Iowa: www.quitlineiowa.org

Surgeon General Reports on Tobacco:

www.cdc.gov/tobacco/data_statistics/sgr/index.htm

Centers for Disease Control and Prevention: www.cdc.gov