Siouxland District Health Department (SDHD) is the public health agency for Woodbury County. Public health promotes and protects the health of people and the communities where they live, learn, work, and play by trying to prevent people from getting sick or injured. Public health also promotes wellness by encouraging healthy behaviors.

SDHD's mission statement: "Leading a collaborative effort to build a healthier community through improved access to health services, education and disease prevention."

Vision statement: “A Healthy Community for All”.

Quarterly Newsletters:
Read the latest SDHD newsletter and sign up today to receive our quarterly newsletter via email.

CORONAVIRUS (COVID-19) UPDATE

March 26, 2020

Woodbury County cases: 3

Iowa Cases: Iowa Department of Public Health is updating number of cases regularly on their website. View a map on their site for number of cases by county.

VIEW MORE INFO ON OUR COVID-19 PAGE
Welcome to Siouxland District Health

Includes: Links to video updates, CDC and IDPH pages, general info, and much more!

Siouxland District Board of Health Vacancy

Siouxland District Board of Health currently has one vacancy. This position is an appointed position by the Woodbury County Board of Supervisors for a term of three years. Meetings are held the first Wednesday of the month beginning at 12:00 Noon. Interested individuals should complete the application and submit to the Woodbury County Supervisors Board Office as indicated on the application.

Move Your Way Campaign

Siouxland District Health Department has been selected as one of eight communities from across the nation, to pilot the Move Your Way Campaign over the next nine months. The U.S. Department of Health and Human Services created the Move Your Way campaign to promote the second edition of the Physical Activity Guidelines for Americans. It aims to help people understand how much physical activity they need to be healthy and how to fit it into their daily lives.

The campaign has videos, fact sheets, posters, and interactive tools in English and Spanish that are free and easy to use and distribute. These materials promote friendly, practical key messages, like “lots of things count as physical activity” and “it all adds up!”

For more information on our Move Your Way campaign efforts, click here.

Move Your Way is a service mark of the Department of Health and Human Services. Used with permission. Participation by Siouxland District Health Department does not imply endorsement by HHS/ODPHP.

Proposed Regulation: Requirements for Tanning Facilities in Woodbury County

The Siouxland District Board of Health conducted the first reading of the Regulation 23-3 Minimum
Welcome to Siouxland District Health

Requirements for Tanning Facilities in Woodbury County on January 8, 2020. The next reading for public comment will be held on February 5, 2020 at 12 Noon. Follow this link to access a copy of this proposed regulation.

Get Public Health Information and Updates on Facebook and Twitter. "Like" or "Follow Us" so you can get timely public health information and updates on disease outbreaks, foodborne illnesses, programs and services, and general health information.