Siouxland District Health Department (SDHD) is the public health agency for Woodbury County. Public health promotes and protects the health of people and the communities where they live, learn, work, and play by trying to prevent people from getting sick or injured. Public health also promotes wellness by encouraging healthy behaviors.

SDHD's mission statement: "Leading a collaborative effort to build a healthier community through improved access to health services, education and disease prevention."

Vision statement: “A Healthy Community for All”

Quarterly Newsletters:
Read the latest SDHD newsletter and sign up today to receive our quarterly newsletter via email.

CORONAVIRUS (COVID-19) UPDATE

May 28, 2020

<table>
<thead>
<tr>
<th>Woodbury County COVID-19 Data 5/28/20</th>
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<tbody>
<tr>
<td>New Confirmed Cases: 73</td>
</tr>
<tr>
<td>New Tests Reported: 1,911</td>
</tr>
<tr>
<td>Recovered: 1,394</td>
</tr>
<tr>
<td>Total Hospitalizations: 204</td>
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<tr>
<td>Hospitalized and Discharged: 135</td>
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<tr>
<td>Deaths: 33</td>
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</tbody>
</table>

COVID-19 data are reported as accurately as we have available. Data are updated as we receive information that is more complete and is subject to change.

The table above reflects numbers that have been reported to SDHD from the State lab and from private testing labs. It includes only completed tests - pending tests are NOT included.
These are the tests that have been completed on Woodbury County residents only. Many of the tests completed at medical facilities located in Woodbury County are for residents of other counties that come here for medical care, but those numbers are not reflected here.

Total hospitalizations is a total count over time of hospital admissions, not necessarily current admissions, and includes those also listed as hospitalized and discharged. The two hospitalization data points that we report should be looked at separately. The total hospitalizations includes the total number of Woodbury County cases that have required hospitalization during their illness, which is a data point that we are tracking as it is an indicator of illness severity. The hospitalized and discharged includes those cases that we determined were discharged from the hospital using the information provided to us by the hospitals. The numbers should not be subtracted from each other to try to determine a current admissions number, as this number is changing from one moment to the next, and it also would not take into account those that have passed away in the hospital, potentially some transfers, etc...

Total recovered includes cases that have met the criteria for no longer needing isolation and public health monitoring. These criteria are set by the CDC and include:

- No fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers) AND
- Other symptoms have improved (for example, when cough or shortness of breath have improved) AND
- At least ten days have passed since symptoms first appeared.
(Updated 5/5/20)

These timeframes are based on the time of symptoms starting, NOT of receiving a positive test. Negative tests are generally NOT required to be released from isolation.
Iowa Cases: Iowa Department of Public Health is updating number of cases regularly on their website. View a map on their site for number of cases by county.

VIEW MORE INFO ON OUR COVID-19 PAGE

Includes: Information for businesses, links to video updates, CDC and IDPH pages, general info, and much more!

Siouxland District Health Department

Services During COVID-19 Disaster Declaration

The public health of our community is of great importance to Siouxland District Health Department, so SDHD is striving to maintain a high level of service while doing our best to keep our staff and the community safe. SDHD employees continue to report to work and provide services; however, many of our services have been modified or suspended during the state public health disaster declaration.

Our doors remain open at this time, but anyone entering the building is screened at the door, including a temperature check, and the number of people allowed in for a single appointment is limited. Many services are only available by appointment; please see below for further information about specific services.
Welcome to Siouxland District Health

WIC

WIC remains open for all services and we are taking new clients. We are no longer seeing clients in person.

We can complete all types of appointments over the phone or telehealth (facetime, Signal, or Zoom), including new applications. We know during these difficult times, our services may be more needed than ever and we are here for families.

We encourage those with questions to call 712-279-6636.

Maternal Child Adolescent Health Programs

I-Smile: Per IDPH directives, I-Smile is not providing direct oral health services including oral health screenings and sealants. I-Smile continues to provide help finding oral health services for clients.

We can provide other services over the phone. This includes Hawk-I and Medicaid presumptive eligibility applications and Maternal Health.

Call 279-6119.
Clinic Services

**Childhood immunization services:** To limit the spread of COVID-19 we have temporarily delayed services. We hope to develop an alternative method of providing immunizations and resume this critical public health service as soon, and as safely, as possible.

**Adult travel immunization services:** To limit the spread of COVID-19 we have temporarily delayed services until further notice.

**Tuberculosis services:** To limit the spread of COVID-19 we have temporarily delayed non-essential services until further notice.

**Health Maintenance services:** We will continue to provide limited services to our existing health maintenance clients but we are reducing the number of visits and increasing the amount of medications we dispense and/or help set up to reduce clinic visits. Our goal is to maintain the health of our community while reducing the potential spread of COVID-19 to our clients and staff.

HOPES Program

HOPES Visits are still being conducted but will be done virtually via video conferencing.

HOPES workers have been calling their families and doing these visits virtually with all of their families since April 8, 2020. If you have not heard from your worker please text or call her to set up your next virtual home visit.
Welcome to Siouxland District Health

Personal Care/Homemaker Services

Services are continuing to be provided. Each offered service is being prioritized at this time and there are some limitations. We will continue to evaluate the needs of our clients day to day and case by case. Our goal is to keep everyone safe and well.

Laboratory Services

Water testing: We are continuing to provide water testing for public supplies. Private well water samples can still be tested but SDHD is no longer going to homes to collect samples as part of the Well Water Grant available in Woodbury County. If you have any water testing questions, please call 712-279-6119.

STD Testing & Services: The laboratory is providing very limited STD services at this time. Testing is no longer being provided in our facility. Treatment may be provided but only in special circumstances. We encourage anyone who needs testing to contact their healthcare provider. No walk in services provided. For any questions, please call 712-234-3908.

Lead Testing: The laboratory is not providing lead testing at this time, unless it is urgent. No walk in services provided. Please call 712-234-3908 for any questions.

DNA testing: Testing to be done by appointment only. Please call 712-234-3908 for any questions. Company phone numbers are listed under the DNA testing section of our website.
Environmental Health, Permits, and Inspections

Private well water: Sample collection is currently suspended. Special circumstances may be considered on a case-by-case emergency basis only.

Food and lodging establishment licenses: Food license renewal can be completed online at https://iowa.usasafeinspect.com/.

License applications are also available on our website at http://www.siouxlanddistricthealth.org/component/content/article/4-a-z-search/220-retail-food-establishments.html?directory=87. These can be completed and mailed in along with the appropriate license fee.

Please call 712-234-3906 with questions about completing a food or lodging application.

Well and septic system permitting: License applications and other forms and information are available on our website at http://www.siouxlanddistricthealth.org/forms/cat_view/12-private-well-a-septic-system-applications.html. These can be completed and mailed in along with the appropriate fee.

Siouxland District Board of Health Vacancy

Siouxland District Board of Health currently has one vacancy. This position is an appointed position by the Woodbury County Board of Supervisors for a term of three years. Meetings are held the first Wednesday of the month beginning at 12:00 Noon. Interested individuals should complete the application and submit to the Woodbury County Supervisors Board Office as indicated on the application.
Welcome to Siouxland District Health

Move Your Way Campaign℠

Siouxland District Health Department has been selected as one of eight communities from across the nation, to pilot the Move Your Way Campaign℠ over the next nine months. The U.S. Department of Health and Human Services created the Move Your Way campaign to promote the second edition of the Physical Activity Guidelines for Americans. It aims to help people understand how much physical activity they need to be healthy and how to fit it into their daily lives.

The campaign has videos, fact sheets, posters, and interactive tools in English and Spanish that are free and easy to use and distribute. These materials promote friendly, practical key messages, like "lots of things count as physical activity" and "it all adds up!"

For more information on our Move Your Way campaign efforts, click here.

For information on the Move Your Way Scavenger Hunt, click here.

Move Your Way is a service mark of the Department of Health and Human Services. Used with permission. Participation by Siouxland District Health Department does not imply endorsement by HHS/ODPHP.

Get Public Health Information and Updates on Facebook and Twitter.

Siouxland District Health Department is @SiouxlandHealth. "Like" or "Follow Us" so you can get timely public health information and updates on disease outbreaks, foodborne illnesses, programs and services, and general health information.